

Symptom tracker for LHON vision loss

LHON is a rare condition that's hard to diagnose so keeping track of the symptoms could help your healthcare professional with the diagnosis. If you have LHON, your symptoms will get worse over time. Simply add the dates when you notice symptoms in this monthly tracker.

Name: _____ Month: _____ Year: _____

| Symptoms | First noticed on | In one eye | In both eyes |
|-----------------------|------------------|------------|--------------|
| Sudden vision issues | | | |
| Loss of sharpness | | | |
| Clouding of vision | | | |
| Loss of colour vision | | | |
| Central vision loss | | | |
| Other | | | |

Additional notes: